



## Guidance for Positive Lab Results

*The following only applies to MAPA patients who have received communication from our office that their child has tested positive for one or more of the following illnesses: COVID-19, Flu, RSV, and Step.*

### **COVID-19, Influenza A or B, RSV**

Treatment for respiratory illnesses is to help prevent or ease symptoms and will depend on your child's symptoms, age, and general health. Getting extra rest and drinking plenty of fluids will help with this. Acetaminophen or Ibuprofen in proper doses will help them feel better.

Ibuprofen should not be used in infants under 6 months of age.

Treatment for respiratory viruses include:

- Nasal saline with gentle suctioning
- Cool-mist humidifier
- Fluids and frequent feedings
- Acetaminophen or Ibuprofen

Reasons to call our office and/or to seek emergency care include:

- Pauses or difficulty breathing
- Gray or blue color to tongue, lips, or skin
- Fast breathing
- Nasal flaring
- Grunting while breathing
- Using belly muscles to breath
- Wheezing
- Significantly decreased activity and alertness
- Symptoms of dehydration (less than 1 wet diaper every 8 hours)

**\*\*If your child is having difficulty breathing call 911 immediately\*\***

Respiratory viruses can last about a week. If symptoms are lasting longer than this, or fever greater than 100.5 for longer than 5 days please let us know. After a respiratory virus children could develop ear infections or a bacterial respiratory infection. If your child improves, then starts again with fever or any new symptoms within 1-2 weeks please call the office.

Tamiflu, an antiviral medication, might be prescribed by their physician if your child has Influenza. This should be started within the first 48 hours of starting symptoms. Tamiflu could cause an upset tummy and/or vomiting. If this happens, call the office.

For all respiratory viruses your child may return to school when fever free for 24 hours, without the use of fever reducers and with improvement of symptoms.

Click the links to view more information from [healthychildren.org](https://www.healthychildren.org).

[COVID-19](#)

[Influenza](#)

[RSV](#)

### **Strep Throat**

Strep pharyngitis is most commonly caused by Group A Strep and can cause a sore throat, fever, headache, and stomachache along with nausea and vomiting. Some children will have a “strep rash” which is a fine, red, sandpaper-like rash called Scarlet Fever. Treatment includes treating symptoms as well as taking an oral antibiotic. Be sure to take the full course of antibiotics prescribed.

Treatment for Strep Throat includes:

- Fluids
  - Warm fluids such as chicken broth or apple juice
  - Cool fluids such as popsicles or ice cream
- Acetaminophen or Ibuprofen
- Soft foods
- Prescribed antibiotics

Your child may return to school after being on antibiotics for 24 hours and is fever free for 24 hours, without the use of fever reducers.

Click here for more information on [Strep Throat](#).

# Dosage On Call

Dosage for infants and children from your healthcare professional

**DOSE: Every 4 hours as needed.**  
**Do not give more than 5 doses in 24 hours.**  
 If possible, use weight to dose; otherwise, use age.  
**Do NOT** use with any other product containing acetaminophen.

**DOSE: Every 6-8 hours as needed.**  
**Do not give more than 4 doses in 24 hours.**  
 If possible, use weight to dose; otherwise, use age.

mL = milliliter

**Infants' TYLENOL® Oral Suspension**  
 Active Ingredient: acetaminophen 160 mg (in each 5 mL)  
 Available In: Grape Cherry Dye-Free Cherry

WEIGHT	6-11 lbs	12-17 lbs	18-23 lbs	24-35 lbs
AGE	0-3 months	4-11 months	12-23 months	2-3 years
DOSE	1.25 mL	2.5 mL	3.75 mL	5 mL

Use product only as directed.

**Infants' MOTRIN® Concentrated Drops**  
 Active Ingredient: ibuprofen (NSAID)\* 50 mg (in each 1.25 mL)  
 Available In: Berry Dye-Free Berry

WEIGHT	12-17 lbs	18-23 lbs
AGE	6-11 months	12-23 months
DOSE	1.25 mL	1.875 mL

Use product only as directed.

**Children's TYLENOL® Oral Suspension**  
 Active Ingredient: acetaminophen 160 mg (in each 5 mL)  
 Available In: Grape Cherry Dye-Free Cherry Bubblegum Strawberry

WEIGHT	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	72-95 lbs
AGE	2-3 years	4-5 years	6-8 years	9-10 years	11 years
DOSE	5 mL	7.5 mL	10 mL	12.5 mL	15 mL

Use product only as directed.

**Children's MOTRIN® Oral Suspension**  
 Active Ingredient: ibuprofen (NSAID)\* 100 mg (in each 5 mL)  
 Available In: Grape Berry Dye-Free Berry Bubble Gum

WEIGHT	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	72-95 lbs
AGE	2-3 years	4-5 years	6-8 years	9-10 years	11 years
DOSE	5 mL	7.5 mL	10 mL	12.5 mL	15 mL

Use product only as directed.

**Children's TYLENOL® Chewables**  
 Active Ingredient: acetaminophen 160 mg (in each chewable tablet)  
 Available In: Grape Bubblegum

WEIGHT	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	72-95 lbs
AGE	2-3 years	4-5 years	6-8 years	9-10 years	11 years
DOSE	1 tablet	1½ tablets	2 tablets	2½ tablets	3 tablets

Use product only as directed.

**Children's MOTRIN® Chewables**  
 Active Ingredient: ibuprofen (NSAID)\* 100 mg (in each chewable tablet)  
 Available In: Grape Dye-Free Grape

WEIGHT	24-35 lbs	36-47 lbs	48-59 lbs	60-71 lbs	72-95 lbs
AGE	2-3 years	4-5 years	6-8 years	9-10 years	11 years
DOSE	1 tablet	1½ tablets	2 tablets	2½ tablets	3 tablets

Use product only as directed.

**Children's TYLENOL® Dissolve Packs**  
 Active Ingredient: acetaminophen 160 mg (in each pack)  
 Available In: Wild Berry

WEIGHT	under 48 lbs	48-59 lbs	60-71 lbs	72-95 lbs
AGE	under 6 years	6-8 years	9-10 years	11 years
DOSE	do not use	2 powders	2 powders	3 powders

Use product only as directed.

\*Nonsteroidal anti-inflammatory drug.

**IMPORTANT INSTRUCTIONS FOR PROPER USE**

Today's date: \_\_\_\_\_

This dosing recommendation from your healthcare professional will expire in **14 DAYS**.

- Always read and follow the label on all TYLENOL® and MOTRIN® products.
- Use only the dosing device (dosing syringe or dosing cup) that came with the product. Do not use any other dosing device.

All Infants' TYLENOL® and Children's TYLENOL® products have the same strength of acetaminophen: 160 mg (in each 5 mL, tablet, or pack).

## Always On Call

Rely on TYLENOL® and MOTRIN®, the pain and fever relief brands that pediatricians recommend most!

†Among over-the-counter pain relievers/fever reducers in the U.S.

© Johnson & Johnson Consumer Inc. 2022 • CTCM-79161