



PATIENT PORTAL

Introducing MAPA's patient portal through FollowMyHealth!
What is it? FollowMyHealth is amazing technology that will save you time and allow you to have an electronic connection with your child's pediatrician.

With FollowMyHealth, you can:

- Schedule or change appointments
- Review your child(ren)'s medical records online
- Send messages to a nurse/physician about routine questions
- Obtain test and lab results and read medical notes from your doctor
- Update your child(ren)'s health information
- Request prescription refills
- Fill out and submit forms prior to appointments... and more!

And it's available online 24 hours a day, 7 days a week via any computer, tablet, or smart phone!
How do I sign up? You will provide us with your email address and MAPA will send you an email invitation. The sender email address will be identified as "Follow My Health". Click on the link provided in the email and follow the step-by-step instructions to set up your account. (PLEASE PRINT)

Patient representative name: _____ Email: _____

Relationship to Patient: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Patient'(s) name(s) and date(s) of birth (DOB):

Name: _____ DOB: _____

Name: _____ DOB: _____

Name: _____ DOB: _____

Name: _____ DOB: _____

Name: _____ DOB: _____